

TARIQUE ZAMAN MD, MPH

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WORK EXPERIENCE

Sound Physicians at Inova Alexandria Hospital

Alexandria, VA

Feb. 2016 – Present

- Full time hospitalist at this 318-bed community hospital

Fairfax Internal Medicine Associates

Fairfax, VA

Dec. 2014 – Feb. 2016

- Hospitalist at Inova Fairfax and Fair Oaks Hospitals
- Staff physician at three skilled nursing facilities
- Internist at the group's clinic.

Jacobi Medical Center/Albert Einstein Coll. of Med.

Bronx, NY

July 2011 – Oct 2014

- Intern and Resident Physician in the Internal Medicine Program of this 477-bed city hospital

Cleveland Clinic

Cleveland, OH

Research Fellow in Cardiovascular Medicine

Oct. 2009 – May 2011

- Designed retrospective clinical research studies primarily focusing on interventional cardiology
- Compiled and analyzed data using SAS® statistical software

All India Institute of Medical Sciences (AIIMS)

New Delhi, India

Junior Resident in Nephrology

April – Sept., 2009

- Evaluated and treated patients with acute kidney injury, post-renal transplant and acute-on-chronic renal insufficiency

Natl. Drug Dependence Treatment Center (NDDTC)

Ghaziabad, India

Junior Resident in Psychiatry

Jan. – March, 2009

- Evaluated and treated patients with nicotine, alcohol, marijuana, opium and cocaine addictions

EDUCATION

Case Western Reserve University

Cleveland, Ohio

Master of Public Health (MPH)-Epidemiology

Jan. 2010 – May 2011

All India Institute of Medical Sciences (AIIMS)

New Delhi, India

Bachelor of Medicine and Bachelor of Surgery (MBBS)

Aug. 2003 – Dec. 2008

RESEARCH ACTIVITIES

Albert Einstein College of Medicine

Bronx, New York

Elective Cardiology Research

July 2012 – Oct. 2014

Advisor: Dr. Cynthia Taub, Assoc. Prof. of Clinical Medicine

- *Cardiovascular diseases in women and its determinants based on the NHANES database*

Case Western Reserve University

Cleveland, Ohio

Public Health Research Assistant

June 2010 – July 2011

Advisor: Dr. Ethan Singer, PhD, MPH, Asst. Prof. & Director of Research

- *Determination of the obesity risk factors for single mothers based on NHANES database*

**RESEARCH
ACTIVITIES**
(CONTINUED)

Cleveland Clinic Cleveland, Ohio
Research Fellow in Cardiovascular Medicine Oct. 2009 – June 2011
Advisors: Dr. Samir Kapadia, Professor
Dr. E. Murat Tuzcu, Professor & Dept. Vice Chair

- *Angiographic features of vessels involved in ST and Non-ST elevation myocardial infarctions*
- *Comparison of percutaneous interventions in unprotected left main coronary artery disease versus multivessel disease*

AIIMS Department of Internal Medicine New Delhi, India
Elective Research, Clinical Immunology Services Aug. 2006 – May 2007
Advisor: Dr. Rohini Handa, Professor

- *Complementary and alternative medicine use in rheumatoid arthritis*
- *Retention rates of DMARDs in patients of rheumatoid arthritis*

AIIMS Department of Cardiology New Delhi, India
Elective Research Jan. – July, 2006
Advisors: Dr. Dorairaj Prabhakaran, Addl. Professor
Dr. K. Srinath Reddy, Professor & Head of Department

- *Rescue Angioplasty versus conservative management in patients of failed thrombolysis*

**PUBLICATIONS
AND
PRESENTATIONS**

Massera D, **Zaman T**, Farren GE, Ostfeld RJ.
A whole-food plant-based diet reversed angina without medications or procedures.
Case Rep Cardiol. Vol. 2015: 978906

Agarwal S, Bajaj NS, **Zaman T**, Banerjee S, Tuzcu EM, Ellis SG, Kapadia SR.
Impact of diabetes on long-term mortality following multivessel percutaneous interventions: An insight into optimal statistical analysis.
Int J Cardiol. 2013 Sep 1;167(5):2120-5.

Zaman T, Agarwal S, Anabtawi AG, Patel NS, Tuzcu EM, Ellis SG, Kapadia SR.
Angiographic Lesion Severity and Subsequent Myocardial Infarction.
Am J Cardiol. 2012 Jul 15; 110(2):167-72.

Goel SS, Agarwal S, Tuzcu EM, Ellis SG, Svensson LG, **Zaman T**, Bajaj N, Joseph L, Patel NS, Aksoy O, Stewart WJ, Griffin BP, Kapadia SR.
Percutaneous coronary intervention in patients with severe aortic stenosis: implications for transcatheter aortic valve replacement.
Circulation. 2012 Feb 28; 125(8):1005-13.

Agarwal S, **Zaman T**, Tuzcu EM, Shishehbor M, Lincoff AM, Whitlow PL, Bajzer C, Franco I, Nair R, Raymond R, Ellis SG, Kapadia SR.
Comparison of outcomes of unprotected left main versus multivessel coronary artery interventions.
Am J Cardiol. 2011 Jul 1; 108(1):15-20.

Agarwal S, **Zaman T**, Tuzcu EM, Kapadia SR.
Heavy metals and cardiovascular disease: results from the National Health and Nutrition Examination Survey (NHANES) 1999-2006.
Angiology. 2011 Jul; 62(5): 422-9.

**PUBLICATIONS
AND
PRESENTATIONS**
(CONTINUED)

Agarwal S, **Zaman T**, Tuzcu EM, Shishehbor M, Lincoff AM, Whitlow PL, Bajzer CT, Franco I, Nair R, Raymond R, Ellis SG and Kapadia SR.
Outcomes of unprotected left main coronary artery percutaneous intervention compared to multivessel interventions.
Am J Cardiol. 2011 Jul 1; 108(1):15-20.

Kumbhani DJ, Bavry AA, **Zaman T**, de Souza R, Agarwal S, Kapadia SR.
Abstract: *A comparison of bivalirudin versus unfractionated heparin in patients undergoing percutaneous coronary interventions: A meta-analysis of randomized controlled trials.*
Abstract accepted for poster presentation at the Society for Cardiovascular Angiography and Interventions 2011 Scientific Sessions

Zaman T, Chandar A, Gisemba E, Singer M.
Abstract: *Using mind maps to study obesity.*
Oral presentation at the Ohio Public Health Combined Conference 2011

Zaman T.
The prevalence and environmental impact of single use plastic products.
Public Health Management & Policy: An On-Line Textbook, Eleventh Edition, May 2010.
http://www.cwru.edu/med/epidbio/mphp439/Single_Use_Plastics.pdf

Agarwal S, **Zaman T**, Handa R.
Retention rates of DMARDs in patients of rheumatoid arthritis.
Singapore Med J. 2009 Jul; 50(7):686-92.

Zaman T, Agarwal S, Handa R.
Complementary and alternative medicine use in rheumatoid arthritis: An audit of patients visiting a tertiary care centre.
Natl Med J India 2007; 20:236-9

RECOGNITION

Best Public Health Student in Public Health Research
Case Western Reserve University, Master of Public Health Division, 2011

Best Research Proposal awarded for *Complementary and alternative medicine use in rheumatoid arthritis: An audit of patients visiting a tertiary care center*
The Late Shri Amrut Modi Research Fellowship Awards, 2006

Best Speaker on Interesting Topics in Physiology
AIIMS Department of Physiology, 2003

VOLUNTEERISM

CWRU's Replay for Kids Program: Repaired toys and assistive devices for differently-abled children at monthly workshops at CWRU's engineering school.

AIIMS Prayatna: Actively involved in the volunteer student-run organization's planning of public blood donation drives.

AIIMS Social Intervention Team: Served as a leader in preparing and delivering health talks to slum dwellers in southern Delhi regarding the treatment and prevention of pulmonary tuberculosis.

**RELEVANT
SKILLS**

- Proficient in the use of Microsoft Office®
- Adept in analyzing data using SAS® 9.3 statistical software
- Trained in REDCap™ (Research Electronic Data Capture)